

Overlander Ski League Level 1 (age 4,5) Seasonal Plan

January 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7 first practice at Stake Lake 10:30am start (register for planned event on Jan 15th)
8	9	10	11	12	13	14 practice - pre ski event course
15 Kamloops Okanagan Cup race event. Fun race for youth level 1 planned with prize for completion of event.	16	17	18	19	20	21 practice #3
22	23	24	25	26	27	28 practice #4
29	30	31				

February 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	4 practice #5
5	6	7	8	9	10	11 Practice #6
12	13	14	15	16	17	18 Practice #7
19	20	21	22	23	24	25 practice #8
26	27	28				

March 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	4
5	6	7	8	9	10	11 year end windup event at Stake Lake
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	